



SOCIAL & EMOTIONAL INTELLIGENCE IN CAREER COUNSELLING

STRENGTH Project

DATE 11/04/2022

Newsletter #n°4

Dear Reader,

After a lot of research and development on our training program for improving social and emotional competences of guidance and career practitioners, it is with great pleasure that the STRENGTH project consortium announces the online “BETA” version of the training program is now available.

The training program addresses the following social and emotional competences:

1. Empathy
2. Emotion Management
3. Diversity Management
4. Active Listening
5. Cooperation

Overall, it comprises 32 learning activities, engaging learners in a wide array of exercises, for example reflection on challenging guidance situations.

We invite you to explore our learning materials and to notify us, if you would like to participate in an online webinar on the course materials, which we will be offering in the next months.

The training learning activities can be accessed free of charge through the following address:

<https://projectstrength.net/en-toolkit-beta/>

After your exploration on the learning activities done in the “Beta” version, please send us your brief feedback via the following link: <https://forms.gle/Cm5iR35yBKHqg3gW8> that will take about 1 minute.

See you soon!

PROJECT CONSORTIUM



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